

PPE and Physical Distancing Fact Sheet for Students
December 2020

BC Ministry of Health Requirements for PPE Use and Physical Distancing

| | GLOVES | EYE PROTECTION * | PROCEDURAL/ SURGICAL MASK | N95 MASK | GOWN | PHYSICAL DISTANCING † |
|---|--------|------------------|---------------------------|----------|------|------------------------------|
| Non-clinical spaces where patients are NOT present e.g., staff break rooms, Conference Ctr | | | ✓ | | | ✓ (if not wearing a mask) |
| Patient Rooms Patient at low risk of/without COVID-19 symptoms | ✓ | ✓ | ✓ | | | |
| Patient Rooms Contact/droplet caution or isolation patient | ✓ | ✓ | ✓ | | ✓ | |
| Patient Rooms Patient pending COVID-19 test, positive for COVID-19, or at high-risk of COVID-19 | ✓ | ✓ | ✓ | | ✓ | |
| Patient Rooms Patient having aerosol-generating medical procedure | ✓ | ✓ | | ✓ | ✓ | |
| Other Clinical Spaces where patients could be present e.g., nursing station, lab, supply room, clinic, diagnostic testing room, elevator | | ✓ | ✓ | | | |
| * Prescription eyewear is not adequate protection. Goggles need to be worn over glasses † Physical distancing also applies when students are on breaks or at lunch | | | | | | |

REMEMBER

If you are feeling unwell, do not come to work! Seek medical attention (if appropriate)

PHC Dress Code

Download the **All Personnel Participating in Inpatient Care** document for dress code information

<http://students.providencehealthcare.org/sites/default/files/Dress%20Code%20All%20Personnel%20Participating%20in%20Inpatient%20Care.pdf>

Join PHC's
Bare Below the Elbow
movement!

No rings with stones or ridges, watches, press-on/acrylic nails, or long sleeves when providing direct patient care.

PPE Training Resources

How to Wear a Face Mask (BCCDC poster)

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_SurgicalMaskPoster.pdf

How To Don PPE (PHC video)

https://media.phsa.ca/home/iframe?url=BCCA/bccahealth%5cPuttingOnPPE_20200312

How to Don PPE (BCCDC poster)

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_MOH_BCCDC_Donning.pdf

How To Doff PPE (PHC video)

https://media.phsa.ca/home/iframe?url=BCCA/bccahealth%5cRemovingPPE_20200312

How to Doff PPE - Droplet and Contact Precautions (BCCDC poster)

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_MOH_BCCDC_Doffing.pdf

How to Doff PPE - Aerosol-Generating Medical Procedure (BCCDC poster)

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_MOH_BCCDC_Doffing_AirbornePrecautions.pdf

Sequence for Donning and Doffing PPE (PHC poster)

<http://shop.healthcarebc.ca/phc/PHCDSTs/B-00-14-13003.pdf>

Cleaning your Eye Protection (BCCDC poster)

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_EyeFacialProtectionDisinfection.pdf

Managing Skin Damage from PPE Use (BCCDC poster)

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_SkinDamagePPEPoster.pdf